



You're invited to...



RE-CREATION

A Mini Sabbatical

August 13-20, 2017



A holistic weeklong experience for those seeking a break
to reflect, relax and renew mind, body & spirit

Experience a unique blend of psycho-spiritual processes including Spiritual Direction, Directed Retreat, Quiet personal prayer, Counseling, T'ai Chi Chih, Reflexology, Healing Touch, Nature Hikes, Swimming and Creative Work.

This all-inclusive package covers room and board, airport pick-up from Hewanorra Airport plus all of the above activities. Cost: EC\$1,800 plus an EC\$100 nonrefundable registration fee. Enrollment limited to 10 persons only. British Airways flies to Hewanorra Airport, Vieux Fort, and Liat and Caribbean Airlines fly to George Charles airport, Castries.

To be held on the beautiful grounds of the Franciscan Institute for Personal & Family Development in picturesque St. Lucia.

Register by contacting us at institute franciscan@gmail.com or 473-414-5188 (Grenada) or 758-454-3157 (St. Lucia) or 868-734-7620 (T&T)



Presented by the Sisters of the Sorrowful Mother